



(207) 536-0846

<http://www.carhopme.com>

Sisters Gourmet Deli

Sandwiches, Salads & Soups

all these delicious options come the way you choose! Made on fresh focaccia bread, tight and clean in a spinach wrap, or over fresh chopped greens as a salad. Have it on a soft gluten-free bread baked in-house (+2)

SHORE WRAP \$12.00

Salmon, avocado, cucumber, carrot, spicy cilantro yogurt, romaine.

TUNA \$10.00

All white tuna mixed with banana peppers + pickles, tomato, cheddar, spinach.

SOUTHWEST \$10.50

Marinated chicken, buffalo blue cheese, roasted red pepper, banana peppers, tomato, romaine.

CHICKEN CAPRESE \$10.00

Chicken, sun-dried tomato basil aioli, mozzarella, balsamic reduction, spinach

CORNELIA WRAP \$10.50

Chicken, caesar dressing, parmesan, croutons, romaine

AMBROSIA \$10.50

Chicken, cucumber, roasted red pepper, feta, sun-dried tomato, hummus, spinach.

FREDGE (V) \$10.50

Vegetarian. Mozzarella, tomato, balsamic reduction, cucumber, sun-dried tomato, spinach, basil mayo.

DAGWOOD \$10.00

Ham, bacon, salami, cheddar, tomato, mayo, lettuce

LEMON HERB CHICKEN \$10.50

Lemon, dill and roasted garlic house made aioli with chicken, tomato, red onion, mixed greens.

THE FTE \$10.00

Salami, ham, pepper jack cheese, red onion, spicy cilantro yogurt, romaine.

BLT \$10.50

Crispy bacon, tomato, avocado, cheddar, hummus, romaine.

MACINTUSCAN \$10.50

Turkey, crisp bacon, sliced apple, cheddar, honey mustard, mixed greens.

CHICKEN SALAD WRAP \$10.50

Grape, almond, tomato, bacon, mayo, spinach.

CORDON BLEU \$10.00

Chicken, ham, melted cheddar, honey mustard, spinach.

GRILLED CHEESE \$7.00

Cheddar, mozzarella and pepper jack // add crispy bacon and tomato with extra cost.

BUFFALO \$10.50

Buffalo chicken, buffalo blue cheese, cucumber, carrot, romaine.